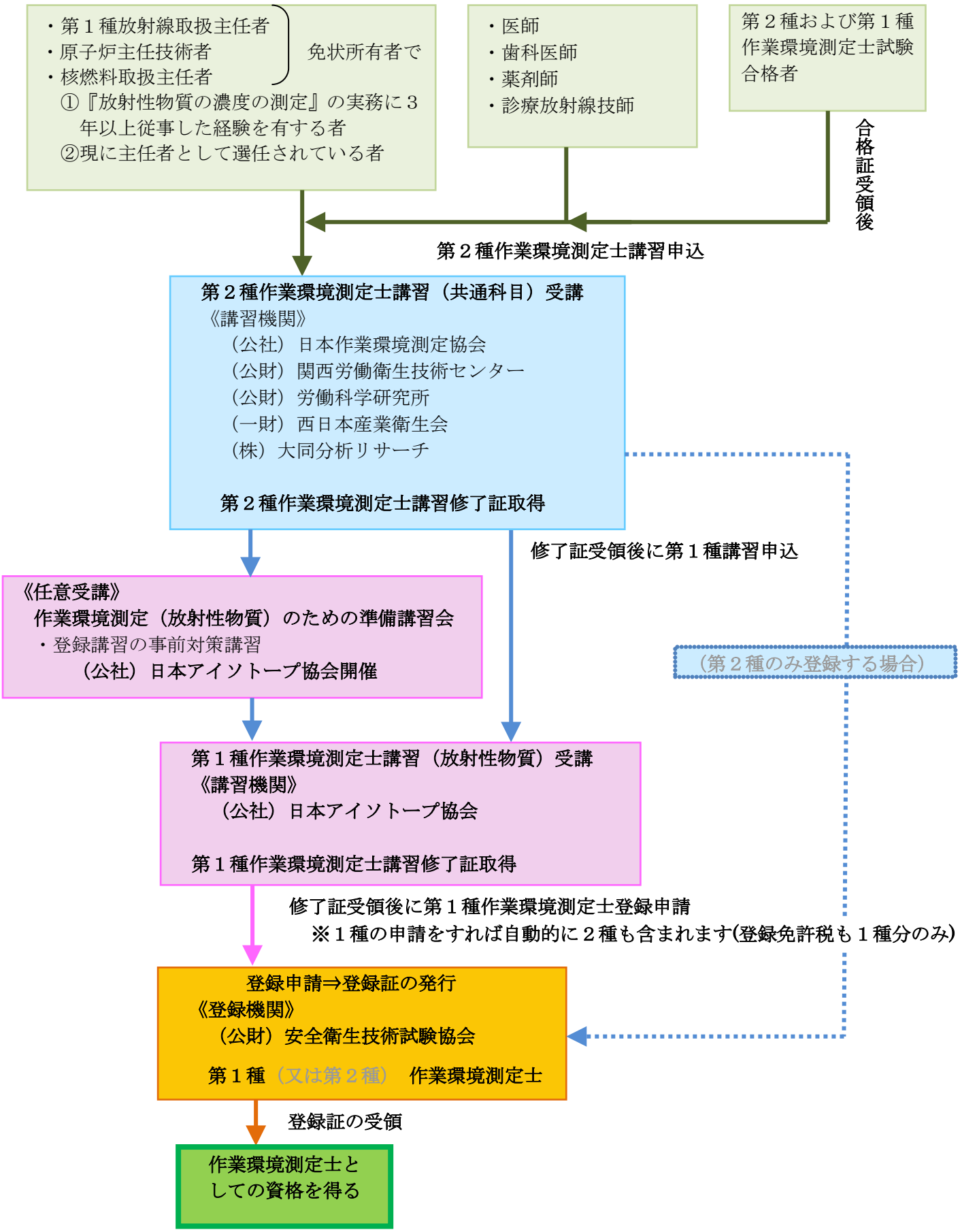第１種作業環境測定士（放射性物質）資格取得までの道のり