# モンゴル国バヤンホンゴル県住民の毛髪に含まれる微量成分

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## 要旨

近年、モンゴルでは、零細及び小規模な金の採掘(ASGM)が盛んに行われているが、同国では遊牧が伝統的かつ基幹産業であるため、周辺の牧草地や居住地に与えるその影響が懸念されている。そこで、筆者らは、ASGM研究のツールとして実績がある NMCC の PIXE を用いて、バヤンホンゴル県で採掘を行う者および周辺住民の毛髪を分析した。その結果ヒ素と鉛の濃度が高いケースを見出した。ヒ素は最高 17ppm、鉛は最高 61ppm であった。両元素とも人体への影響が大きいので早急な対策が必要である。

# Trace element distribution in hair of local people

# in Bayanhongor, Mongolia

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## 1 Introduction

In Mongolia the artisanal/small-scale gold mining (ASGM) is becoming an important livelihood for local communities and also for the jobless people. On the other hand, the nation has sustained the nomadic culture since immemorial and still heavily relies on nomadism. Thus it is a pressing need to understand whether the ASGM poses health risk to the human and animals. The information is vital to the local government and communities to protect the health, environment and livestock farming in nomadic country like Mongolia. Based on this background the authors focused on the trace element distribution of human hairs utilizing the NMCC's PIXE analysis which has contributed to the ASGM issues for many years<sup>1-3</sup>.

### 2 Study area

The survey was conducted in Bayanhongor Province, one of the most productive region of gold in Mongolia. Most of the gold is produced by the ASGM with rudimentary tools and elementary technology

(Fig. 1). Some groups of miners use a common facility where they can extract gold without using mercury (Fig. 2) but many are still using amalgamation method. Mercury is often smuggled from China and Russia and it is difficult to control the illegal trade.

The authors visited a mining site in September 2015 where they do not use mercury and also a food shop near the said site. After explaining the purpose of the study to and getting the consent from the people hair samples were collected according to the NMCC's protocol<sup>4</sup>.



Fig. 1 Typical condition of ASGM in Mongolia

Fig. 2 An example of common ore dressing plant

#### 3 Hair analysis

Seven male Ninjas, a female Ninja, a male herder, a female harder and a female cook donated the scalp hair to the authors. A strands of hair from each person was fixed on the sample holder, cleaned with aceton and then set in the vacuum chamber. The targets were bombarded with a 2.9 MeV proton beam extracted from a small-sized cyclotron at NMCC, and the emitted X-rays were simultaneously measured with two Si(Li) detectors. X-ray absorbers were used for the No. 1 detector. 500-µm-thick Mylar film was used for the food, while 300-µm Mylar was used for the hair samples.

According to the analysis the range of arsenic is from the detection limit (about 1ppm) to 17ppm and of mercury from the detection limit (about ppm) to 12ppm. Lead showed a range up to 61ppm (Table 1).

#### 4 Discussion

The study showed that mercury contamination is not serious in the area but attention should be paid to the arsenic and lead poisoning (Table 1).

Arsenic anomaly was noticed both for three Ninjas and a herder. Long-term exposure to arsenic in drinking water can cause cancer in the skin, lungs, bladder and kidney. It can also cause other skin changes such as thickening and pigmentation. Exposure to arsenic in the workplace by inhalation can also cause lung cancer. Additional survey is a pressing need in the prevention of arsenic poisoning in Bayanhongor.

High level of lead is of the other concern because, even at low levels, lead can cause problems like learning disabilities, behavior problems, decreased intelligence, speech problems, decreased attention span, brain or nerve damage, poor coordination, kidney damage, decreased growth, and hearing loss.

No information is available in Bayanhongor at present for the control of health risk arising from arsenic and lead. Possible sources of the elements are ground water like reported in another area<sup>5</sup>, ore dust from mining site and dust from the surface expression of rocks<sup>6</sup>. A further study should be necessary to verify the exact cause of the high level of arsenic and lead in this region.

MGHH-9	W	22775	44362	1447	5211	208	23124	783	1733	68	169	14	21	6.8	457	18	nd		20	2.4	353	14	5.2	1.8	17	2.8	7.2	2.4	nd		pu		nd	
MGHH-8	W	22774	46587	3087	3905	266	1693	122	630	22	9.2	2.0	12	1.0	122	4.4	pu		15	1.0	237	8.0	2.3	0.5	4.3	0.0	7.3	1.0	pu		8.7	1.7	12	2.6
MGHH-7	W	22773	40051	1516	4657	187	2347	103	766	27	15	2.4	26	1.5	299	10	pu		21	1.3	240	8.4	1.6	0.6	16	1.5	7.5	1.2	6.6	1.7	pu		10	4.2
MGHH-(X	W	22772	44759	2885	1419	101	185	27	622	53	22	2.6	pu		87	3.6	pu		16	1.1	229	8.1	2.4	0.6	pu		22	1.9	pu		4.9	1.9	6.6	2.4
MGHH-{	W	22771	44850	3533	4494	358	784	70	379	14	8.6	2.1	7.3	1.0	115	4	2.9	0.7	20	1.2	159	5.7	2.2	0.5	3.0	0.8	0.6	1.1	pu		pu		15	2.6
MGHH-4	W	22770	48228	2868	2127	136	210	30	783	61	7.0	2.1	pu		86	3.4	nd		15	1.0	276	9.3	2.8	0.6	pu		4.9	0.0	pu		5.8	1.7	4.3	1.9
MGHH-1	Ľ	22769	44227	3155	1109	89	481	46	156	7.9	44	2.9	nd		78	3.3	pu		18	1.2	279	9.6	1.7	0.6	1.6	0.7			pu		4.4	1.8	pu	
MGHH-2 ¥	W	22760	45215	2094	1672	86	558	38	1056	34	50	2.6	4.9	6.0	106	3.8	2.2	0.7	27	1.3	321	10	3.0	0.6	pu		7.6	1.0	8.1	1.4	5.5	1.7	11	2.1
MGHH- ¥	L	22759	39326	1721	3207	150	1074	60	1468	47	59	3.0	9.0	1.1	202	6.9	4.0	0.8	28	1.5	484	16	4.9	0.7	pu		9.2	1.3	11	1.9	12	2.2	23	3.0
* #	Sex	Run #	S		CI		K		Ca		П		Mn		Fe		iZ		Cu		Zn		Ga		As		Br		Sr		Hg		Pb	

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HH-13(16-16.5cm	F	22791	31233	2342	1636	149	1031	108	1300	42	13	2.0	21	12	67	2.7	pu		17	1.0	267	89	1.5	0.5	pu		11	12	26	2.6	nd		4.1	16.
HH-13(12-13.5cm MG	LL.	22790	36927	1429	1422	61	1020	46	1119	35	14	1.5	16	0.9	51	1.9	pu		16	0.8	247	7.9	22	0.4	pu		9.8	0.9	22	1.7	3.9	12	7.3	1.5
H-12(3-4.5cm <sup>2</sup> MGHH-13(6-7.5cm <sup>2</sup> MGHH-13(9-10.5cm <sup>2</sup> MGHH-13(12-13.5cm <sup>2</sup> MGHH-13(16-16.5cm	F	22789	36203	1615	1044	56	921	51	1106	36	18	21	13	1.0	57	2.5	pu		16	1.0	230	7.8	1.6	0.5	pu				15	1.9	4.5	1.6	8.4	20
MGHH-13(6-7.5cm	F	22788	46306	2267	1665	94	1226	74	1160	40	19	3.2	12	1.6	72	3.5	3.4	11	26	1.7	358	12.0	43	0.9	pu		18 nd	2.0	19	3.0	6.6	2.6	8.4	28
MGHH-12(3-4.5cm	F	22787	43370	2419	2664	156	967	64	705	25	24	23	7.7	1.0	58	27	pu		15	11	199	7.0	1.9	0.6	pu		16	1.5	5.6	1.5	nd		3.9	1.8
× MGHH-10(scalo <sup>×</sup> MGHH-10(3cm <sup>×</sup> MGHH-11(scalo <sup>×</sup> MGH	F	22786	44372	2648	3941	243	1329	90	759	27	20	2.8	6.3	1.2	121	4.9	pu		16	1.3	251	9.1	1.8	0.7	pu		15	18	pu		pu		pu	
MGHH-10(3cm	M	22785	47741	3089	2829	194	725	63	801	30	4.4	28	28	1.9	76	3.8	pu		24	1.7	219	8.5	42	0.9		1.9	16	21	pu		pu		61	6.1
MGHH-10(scale*	M	22776	36489	1771	3802	191	3634	184	911	30	37	2.6	15	1.2	408	13	pu		20	1.2	284	10	3.2	0.7	pu		18	1.6	1.1	1.5	6.4	21	8.1	23
#2	Sex	Run #	S		CI		×		Ca	(mm)	Ti		Mn		Fe		Ni		Cu		Zn		Ga		As		Br	11441	Sr		Hg		Pb	

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